

Fly Like A Bird

(a.k.a. The Boz)

Choreographed by Hedy McAdams

Description: 32 count, 2 wall, intermediate line dance

Music: Fly Like A Bird by Boz Scaggs [128 bpm / CD: Line Dance Fever 3 / Available on iTunes]

Start dancing on lyrics

ROCK LEFT SIDE, BACK, TURN 1 4, HOLD, TURN 1 4, ROCK, TURN 1 4, HOLD

1-4	Rock left to side	e, recover to right,	turn ¼ left and ste	p left forward.	hold (9:00)

- Turn ¼ left and rock right to side, recover to left (6:00) 5-6
- 7-8 Turn ¼ right and step right forward, hold (9:00)

TURN 1/4, ROCK, TURN 1/4, HOLD

- 9-10 Turn ¼ right and rock left to side, recover to right (12:00)
- 11-12 Turn 1/4 left and step left forward, hold (9:00)

KICK-BALL-TURN, KICK-BALL-CHANGE

13&14	Kick right forward, step right together, turn ¼ left and step left in place (6:00))
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15&16 Kick right forward, step right in place, step left in place

CROSS, TURN, CROSS & CROSS, TURN 1/4 SHUFFLE, TURN 1/4, TURN 1/2

17-18	Cross/touch right over left, unwind ½ left (weight to right, 12:00)
19&20	Cross left over right, step right to side, cross left over right
21&22	Turn ¼ right and step right forward, step left together, step right forward (3:00)
23-24	Turn ¼ right and step left to side, turn ½ left and step right forward (12:00)

CROSS, TOUCH, CROSS, TURN 1/2, CROSS & CROSS, BIG STEP, SLIDE/LIFT

25-26	Cross left over right, touch right toe to side	
27-28	Cross/touch right over left, unwind ½ left (weight to right, 6:00)	
29&30	Cross left over right, step right to side, cross left over right	
31-32	Big step right to side, drag left toward right	
Lift left toe slightly to blend into sten 1		

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REPEAT

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