

Hammer Valley

Choreographed by: Maivor Zetterström (Sweden)

32 count, 4 wall, beginner dance

Choreographed to: Madonna - Hung Up

Rednex - Hittin' The Hay

Eddie Meduza Visions Lips

Status Quo - Down With The Dustpipe

- 1 Right vine, touch, heelswitches, hold with clap.**
1-4 Step right with right foot, step left behind, right to the side, touch left beside right
5&6 Touch left heel forward, step left next to right, touch right heel forward
&7,8 Step right next to left, touch left heel forward. Hold and clap.
- 2 Left vine, touch, heelswitches, hold with clap.**
1-4 Step left with left foot, step right behind, left to the side, touch right beside left
5&6 Touch right heel forward, step right next to left, touch left heel forward
&7,8 Step left next to right, touch right heel forward. Hold and clap.
- 3 Step forward, together, forward, hitch. Back x3, touch.**
1-4 Step right forward, left beside, step right forward, hitch with left
5-8 Going back with left, right, left. Touch right beside.
- 4 Point, touch, heel, hook, step turn, hip bump x2**
1,2 Point right to right, touch right beside left,
3,4 Touch right heel forward and hook right under left knee.
5,6 Step right forward and make ¼ turn to the left
7,8 Hip bump 2 times to the left. Weight on left foot.

Start again