



Melanie's Monday

Choreographed by Ursula Morand

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: **Monday Morning** by Melanie Fiona [CD: The Bridge / Available on iTunes]

Dance starts after 8 claps

STEP, HOLD & SNAP, STEP, HOLD & SNAP, SHUFFLE FORWARD, HOLD, STEP, HOLD & SNAP, STEP, HOLD & SNAP, SHUFFLE FORWARD, HOLD

- 1 Rock right forward (body turned left, head looks forward)
- & Hold (snap with right hand in front of the head)
- 2 Recover to left (body turned left, head looks back)
- & Hold (snap with left hand in front of the head)
- 3&4 Chassé forward right, left, right
- 5 Rock left forward (body turned right, head looks forward)
- & Hold (snap with left hand in front of the head)
- 6 Recover to right (body turned right, head looks back)
- & Hold (snap with right hand in front of the head)
- 7&8 Chassé forward left, right, left

ROCK FORWARD, ROCK BACK, HOLD, COASTER STEP, HOLD, TURN ½ LEFT, HOLD, 1/1 TURN RIGHT, HOLD

- 1&2 Rock right forward, recover to left, rock right back, hold
- 3&4 Left coaster step
- 5&6 Triple in place turning ½ left stepping right, left, right
- 7&8 Triple in place turning a full turn left stepping left, right, left

SCISSOR STEP RIGHT, HOLD, SCISSOR STEP LEFT, HOLD, SIDE STEP RIGHT 2X, SIDE STEP LEFT 1X, TURN ¼ LEFT

- 1&2 Step right to side, step left together, cross right over left
- 3&4 Step left to side, step right together, cross left over right
- 5& Step right to side, step left together
- 6& Step right to side, touch left together
- 7&8 Step left to side, step right together, turn ¼ left and step left forward

SWEEP, HEEL JACK RIGHT, HEEL JACK LEFT, JAZZ BOX

- 1 Sweep/cross right over left
- &2 Step left slightly back, touch right heel forward
- & Step right back
- 3 Cross left over right
- &4 Step right slightly back, touch left heel forward
- & Step left back
- 5 Cross right over left
- 6 Step left back
- 7 Step right to side
- 8 Step left forward

REPEAT

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