

# POLKA DOT

**Count:** 32    **Wall:** 4    **Level:** Beginner level

**Choreographer:** Dynamite Dot (UK) July 07

**Music:** I'm At Home On The Range by Suzy Boggus (124 bpm)



- 1 - 8**  
1, 2 & 3, 4  
& 5, 6, 7 & 8
- Left lock & R lock/Fwd touch/R shuffle back**  
Step left fwd and lock right behind. On the & count place weight on left stepping slightly to left. Step fwd right and lock left behind  
On the & count step right slightly to right. Step fwd on left and touch right to left heel. Do a right shuffle traveling back
- 9 - 16**  
1 & 2 3 & 4  
5 6 7 & 8
- 2 x ½ shuffle turn L/Back rock/L kick & cross**  
Make 2 x ½ shuffle turns to left traveling back  
Left back rock. Left kick to left diagonal. Left to side and cross right over left
- 17 - 24**  
1, 2, 3 & 4  
5 & 6, 7 & 8
- L side rock/L & R sailor steps/L sailor ¼ turn L**  
Rock left to side and recover on right. Left sailor step  
Right sailor step. Left sailor step making ¼ turn to left
- 25 - 32**  
1 2 3 & 4  
5 6 7 8
- R tap kick shuffle back/L tap kick/L back rock**  
Tap right toe slightly fwd and kick right fwd. Right shuffle traveling back  
Tap left toe slightly fwd and kick left fwd. Rock back on left and recover on right
- Note: Polka is energetic and fun. Once familiar with steps, travel and make steps larger ? room