



## Time Of My Life

32 Count 4 Walls Improver

Choreographed by: Micaela Svensson (SE) (1st October 2008)

Choreographed to: Time Of My Life on Dirty Dancing by Bill Medley and Jennifer Warnes 109



BPM

Intro: 16 Style: Pop / Disco

1&2	<b>Shuffle forward right, Walk, Walk Shuffle forward left, Walk, Walk</b>
3-4	Step forward right. Close left beside right. Step forward right.
5&6	Walk forward on left with a swivel, walk forward on right with a swivel
7-8	Step forward left. Close right beside left. Step forward left.
	Walk forward on right with a swivel, walk forward on left with a swivel
9&10	<b>Scissor steps (R,L,R) Step, turn ½ right, step</b>
11&12	Step right to right. Step left beside right. Cross right over left.
13&14	Step left to left. Step right beside left. Cross left over right.
15&16	Step right to right. Step left beside right. Cross right over left.
	Step left foot forward, turn ½ right, Step left foot forward.
	<b>Restart here on wall 5 and 7</b>
17&18	<b>Scissors step, kick ball cross, Scissors step, kick ball cross,</b>
19&20	Step right to right. Step left beside right. Cross right over left.
21&22	Kick left forward. Step left beside right. Cross right over left.
23&24	Step left to left. Step right beside left. Cross left over right.
	Kick right forward. Step right beside left. Cross left over right.
25-26	<b>Rock forward right, Triple Full Turn Right, Rock left forward, Sailor turn ¼ left</b>
27&28	Rock forward on right. Rock back onto left.
	Triple full turn right, stepping - right, left, right.
29-30	<b>(move weight from right foot to left foot after Full triple turn/the coaster step for you to be able to restart on right foot)</b>
31&32	Rock forward on left. Rock back on right.
	Cross left behind right. Turn ¼ left Step right to right side. Step left to place.
	<b>Option: Replace Full turn with right coaster step. ( Steps27&amp;28)</b>
	<b>(move weight from right foot to left foot after the coaster step for you to be able to restart on right foot)</b>

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